Bright Health Individual & Family Plans 2021 Arizona Plan Guide

Make the bright choice

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You're going to love it here

Choosing a health plan from Bright Health is choosing **YOU**. We've spent a lot of time thinking about how to deliver healthcare coverage that is simple, affordable, and personal for one reason: so you don't have to think about it at all.

The Bright Health difference

Our Affordable Care Act (ACA) plans go a step further:

- **\$0 Primary Care Provider (PCP) visits:** plans with \$0 visits to your PCP, including some with unlimited PCP visits
- **Telehealth:** COVID-19 taught the world how important it is to be able to see your doctor anytime, anywhere—Bright Health was paying attention
- Dental & Vision: all our plans have pediatric dental & vision benefits
- Mental health: sometimes, you just need someone to talk to; that is why we offer plans with low cost-sharing and telehealth access—to meet your mental health needs from the comfort of your own home
- **Member Hub:** find plan information, search prescriptions and providers, sign up for autopay, earn \$ rewards and so much more—all from one, easy-to-use location

Your Bright Health plan includes these essential services, and more:

- No-cost preventive and wellness services
- Prescription drugs and access to 67,000 pharmacies across the country
- Hospitalization
- Emergency services
- Mental health and substance use disorder services, including behavioral health treatment

- Laboratory services
- Rehabilitative and habilitative services and devices
- Chronic disease management
- Maternity and newborn care
- Pediatric dental and vision for members under 19

Insurance Terms Explained

We know insurance can seem like a language all its own. Here's a breakdown of the terms you need to know most.

Deductible: the amount you pay for covered healthcare services (other than your included, no-cost benefits) before your plan starts to pay

Copayment: a fixed amount (\$20, for example) you pay for a covered healthcare service

Coinsurance: the cost percentage of a covered healthcare service you pay (20%, for example) after you've paid your deductible

MOOP: stands for maximum out of pocket, and it's the most you have to pay for covered services in a plan year—after you spend this amount on deductibles, copayments, and coinsurance for in-network care and services, your health plan pays 100% of the costs of covered benefits

Preventive: care and services to prevent illness. Includes routine check-ups, immunizations, patient counseling, and screenings

Formulary tiers: the levels that specific drugs fall into under Bright Formulary (covered) Drugs—each Tier has a related copay that applies to all the drugs in that level

Plan selection basics

Possibly the most challenging part of buying healthcare coverage is deciding which plan is best for you. Two main things to consider when making the choice:

- How often do you expect to use your plan?
- How much predictability would you like in your healthcare budget?



Gold Plans

Generous coverage and predictable costs

Best for: People who expect to use their coverage often: ongoing prescriptions, frequent provider visits, etc. Most benefits have copays, so costs are more predictable.

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Silver Plans

Moderate premiums and costs

Best for: Those who expect to use their plans occasionally, and would like lower deductibles and more benefits than a Bronze plan.



Bronze Plans

Lower premiums and higher costs with use

Best for: Healthy individuals who want to minimize their monthly premiums and are comfortable with the risk of a higher deductible in the event of a high-cost health incident.



Catastrophic Plans

Lowest premiums

Best for: Those under age 30 who desire low premiums and expect minimal medical incidents. Coverage includes 3 primary care visits, then no other benefits until the maximum out-of-pocket (MOOP) is reached.

ICHRA

All our plans are fully compatible with ICHRA

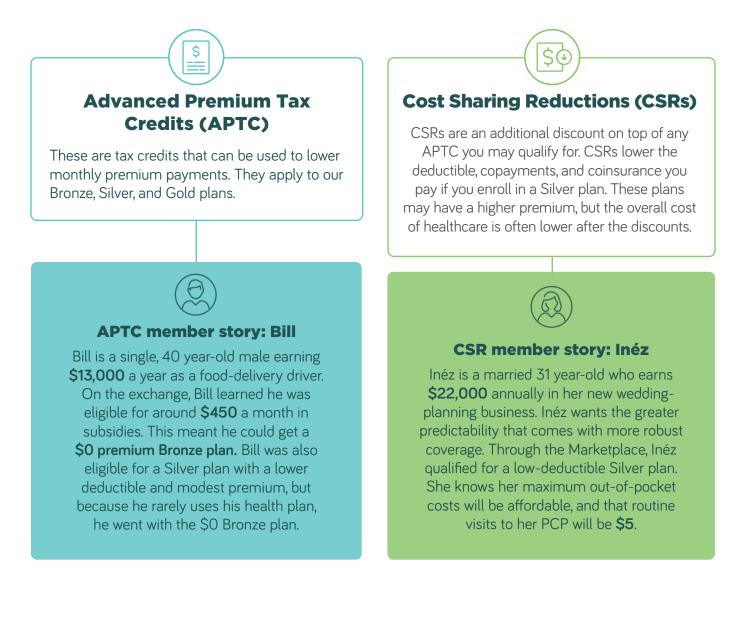
Best for: Individual Coverage Health Reimbursement Arrangement (ICHRA) funds from an employer can make a more generous plan fit your needs. Silver plans with \$0 deductible or \$0 primary care are just two examples.

How much will it cost?

At the end of the day, we know this is the bottom line for most people looking for a health plan. Here are some options for significant savings.

Ways to save

As you might know, the first "A" in ACA stands for affordable. The purpose of the ACA (Affordable Care Act) was to make healthcare accessible to all Americans. Through "Marketplaces" (like **HealthCare.gov**) individuals and families can shop for and buy health insurance plans using two types of subsidies to make them more affordable. In order to take advantage of these discounts, coverage must be purchased through a Marketplace. This can be done directly on BrightHealthPlan.com or you can talk with your broker for more information.



Expanding your choices with ICHRA

ICHRA stands for Individual Coverage Health Reimbursement Arrangement. Simply put, it's a way for companies to reimburse employees for health insurance they choose themselves—instead of the company choosing and buying coverage for them.

One more important thing to keep in mind: employees with an ICHRA are ineligible for APTC unless the ICHRA offered by their employer is deemed unaffordable. Then, the employee must select either APTC or use their ICHRA.



ICHRA member story: Mary

Mary receives \$400 each month from her employer toward the purchase of a Qualified Health Plan (QHP). Because Mary is taking advantage of her employer's ICHRA offering, she is not eligible for any tax credits. However, she is a perfect candidate for one of Bright Health's off-exchange, ICHRA-friendly Silver plans. Mary's plan even has a \$0 deductible! She's getting coverage with great benefits, and has the added satisfaction of knowing she is in charge of her healthcare coverage choices.

Networks work!

What is a network?

It's a group of providers and facilities Bright Health has partnered with to offer affordable, quality care. Here are some things to think about as you are making a plan choice:

- Have a doctor you love and trust? Before you choose a plan, check to see if they are in-network.
- If they are not, are you willing to see someone different?
- Are you interested in Telehealth? Online visits can be a great option for non-serious illnesses and injuries.

Why does the network matter?

In a word, cost. Our plans cover charges from in-network providers only, except in emergencies and other rare, pre-approved situations. Because of this, you may end up paying the entire cost for services you receive outside the network.





Want to find out if your doctor is in-network?

Check our provider finder at BrightHealthPlan.com/Doctors

Our Pharmacy Network

Our extensive network of pharmacies and major outlets makes it easier for you to fill your prescriptions in places you already shop. You can also order prescriptions online and have them delivered directly to your doorstep.

Our network includes leading large retailers such as:









Pediatric Dental & Vision

Bright Health plans cover pediatric dental and vision care for members under age 19.

Dental benefit

- All plans: 2 cleanings per year; deductible and coinsurance apply to additional services
- ✓ Diagnostic and preventive procedures
- Basic restorative services
- Extraction surgery
- Endodontics
- Medically necessary orthodontia and prosthodontics*

*For cleft lip and cleft palate treatment

FAQs:

Q: Where can my child use their dental benefits?

- A: Your child has access to Liberty Dental's large network of providers. You can find a dentist near you with Liberty's Provider Finder tool.
- Q: Will I receive a separate ID card for dental services?
- A: Yes! Watch your mailbox for your child's new Liberty Dental ID card — Bright Health's new strategic partner, providing first class dental service.





✓ Annual eye exam

One standard pair of glasses per year or one-year supply of contacts*

*You can select luxury items such as designer frames at an additional cost. Work with your vision provider to understand which frames are considered "standard" vs "designer".

FAQs:

Q: Where can my child use their vision benefits?

- A: New this year, Bright Health has partnered with EyeMed, providing access to one of the nation's largest vision networks. Visit EyeMed's Provider Finder tool to find a vision provider near you.
- Q: Will I receive a separate ID card for vision services?
- A: EyeMed provides online access for printing your child's 2021 ID card. The card is also accessible via smartphone or tablet.

These benefits may be subject to deductible & coinsurance, depending on your plan. Some plans have exceptions to these standard benefits. Members should check their Certificate of Coverage for full details.

Bright Health members get more

All Bright Health plans include extras that make getting and staying healthy a little bit easier.



Cash rewards

Throughout the year, we offer members cash rewards for simple healthy actions. Past rewards included:

- Selecting a Primary Care Provider
- Taking a "Know your network" quiz
- Completing a health survey

All you have to do is set up a Member Hub account at **Member.BrightHealthPlan.com** to find available rewards. We'll also email you with more specific information on earning rewards.

We're here for you

Your healthcare experience should be simple and hassle-free. We've put together these resources to help you find what you need, when you need it.

	Member Service	$\left(\right)$	Dental
	Our team is always here to help members with questions and information.	V V	Find a dentist near you. Client.LibertyDentalPlan.com/ BrightHealth
	855-827-4448 (English) 800-882-2520 (Español)		
ITT IRI	Drug Formulary		Vision
	Find out what drugs are covered and		Find a provider near you.
	check copay amounts.		EyeDocLocator.
	BrightHealthPlan.com/ Drug-Search/IFP		EyeMedVisionCare.com/ BrightHealthCommercial
	Provider Finder	Ū	Telehealth
\sim	This tool lets members browse all in-network providers online or in the Member Hub.		Set up an account, schedule appointments and see a physician right away on our easy-to-use online portal.
	BrightHealthPlan.com/ Provider-Finder/IFP		Patient.DoctorOnDemand.com
ß	Member Hub		
	Our online portal where you can pay		

Member.BrightHealthPlan.com

your monthly premium, earn rewards,

find doctors, and much more!

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What's next?

After enrolling in a Bright Health plan, we'll keep you in the loop on your application process.

Make your first payment

You'll receive a bill for your first premium payment with your application confirmation letter. You can pay your bill online at **BrightHealthPlan.com/PayMyBill** or by calling Member Services at 855-827-4448.



Get your ID card and welcome booklet

Congrats! You are covered. Use your ID card when you go to the doctor and learn how to use your plan by reading the welcome booklet.

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Keep an eye on your inbox

We'll send you information throughout the year about taking advantage of your plan benefits, such as how to earn cash rewards.

Stay tuned

Throughout the year, we'll be in touch with tips on staying healthy, making the most of your plan, and more.

Reach out

Our dedicated member service team is here to help answer your questions. Reach them at 855-827-4448.

Breathe easy

Bright Health has you covered.

Notes:	 	 	

Notes:		

For all the bright reasons

BrightHealthPlan.com

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